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| EXPERIENCES & OUTCOMES | SUCCESS CRITERIA | SOCIAL TASK |
| By investigating the range of foods available I can discuss how they contribute to a healthy diet.**HWB 1-30a**I experience a sense of enjoyment and achievement when preparing simple healthy foods and drinks.**HWB 1-30b***I can select ideas and relevant information, organise these in a logical sequence and* use words which will be interesting and/or useful for others*.****LIT 1-06a****Within real and imaginary situations, I share experiences and feelings, ideas and information in a way that communicates my message.* ***LIT 0-09a*** | Pupils will be able to talk about foods they like and dislike, with reasons, and to be aware that their personal preferences are not fixed but can change over time or in the light of new knowledge or experience.Pupils will understand that we eat different foods depending on the time of day, occasion and lifestyle. |  |
| SUGGESTED LEARNING & TEACHING ACTIVITIES | RESOURCES |
| Talk to the class about their favourite foods and why they like them. Ask the children about foods they do not like and ask for their reasons.  Encourage the use of new vocabulary and use of all the senses, i.e. sight, touch, hearing, smell and taste. Talk to the children about what they eat at different times of the day, e.g. breakfast, snacks, lunch, evening meal. Get the children to record what they eat throughout the day by drawing the food and noting the times of day. (contd.)Explain that we need to eat regularly during the day. Ask the children whether they can remember why our bodies need food. (We need food so our bodies can grow, be active and stay healthy.)Ask the children to design a healthy menu for a special occasion buffet.**Plenary**Ask some children to talk about their favourite foods.Get children to give examples of words that describe foods, e.g. crunchy, soft, sweet.Discuss the foods that can be eaten for special occasions. Invite them to think / talk about the kinds of foods often presented at special occasions and would they be part of a healthy menu? | I Like That (Powerpoint)Describing a Fruit (worksheet)Food and drinks I Like (worksheet)Mealtimes Record (worksheet)Recipes (web links on Notes page) |
| KEY VOCABULARYDevelop new vocabulary to describe tastes, textures, smells and feel of food ; prompt pupils use this vocabulary to explain their likes / dislikes (i.e. moving beyond the “Its yukky, I hate it” stage) |

**Subject:** More Likes and dislikes **Class:** P3