



Lilian Ross and Margot Henderson

Project Co-ordination:

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Storutellers:



- Floral Hall Gardens, Inverness
- Findhorn Foundation
- DVD Produced by Wildbird
- Artwork by Curious Cranberry





Eat Your Words Ith D' Fhaclan



Healthy Eating Through Storytelling Ithe Fallain Tro Aithris Sgeulachdan













A cross curricular, Curriculum for Excellence, resource for Primary Teachers linking Health and Wellbeing with Expressive Arts Goireas thar-churraicealaim, Curraicealam airson Sàr-mhathais, do Thidsearan Bun-sgoile a' ceangal Slàinte is Mathas leis na h-Ealain Fhaireachail