The Highland Council’s High 5

Fit 15

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| Learning Through Stories and Rhymes – Room on the Broom |
| Curriculum for Excellence BenchmarksHWB 0-21a “I am learning to move my body well, exploring how to manageand control it and finding out how to use and share space.EXA 0-09a “Inspired by a range of stimuli, I can express my ideas, thought and feelings through creative work in dance”. |
| Resources – Book ‘Room on the broom’. |
| Part 1: Begin with the children sitting together in a group. Read the first paragraph of the story and show them the picture as an initial stimulus.“The witch had a cat and a very tall hat, and long ginger hair which she wore in a plait. How the cat purred and how the witch grinned, as they sat on their broomstick and flew through the wind.”Creep carefully like the cat into a space. Stretch up tall and join hands together above your head to make the witches hat shape.Repeat creeping into a new space each time. |
| Part 2: Travelling on feet, run/skip/gallop in and out of one another as if flying through the wind. Travel safely to all the spaces in the room. When you hear ‘room on the broom’ stop and be still in the witches hat shape. |
| Part 3: Hold the tall witches hat shape, and on the “DOWN” drop from high to low to crouch on two feet. Keeping low, travel slowly around the room searching for the hat.When you hear ‘the dog has found it!” stop, shake your doggie tail and show us your paws.Repeat, but this time search for the bow and when you hear ‘the bird has found it!’ stretch our wings and balance on one foot. |
| Part 4: Everyone and everything is now safely back on the broom. Fly around the room (as part 2) exploring different ways of travelling on your feet. When you hear ‘room on the broom!’ stop, and be still in the witches hat shape.Repeat several times and finish high in your witches hat shape. |
| Part 5: Everyone is very tired after all this flying. Slowly and carefully float to the ground. Arch your back and stretch out your paws before curling up like a sleeping cat. When you feel the witches wand tickle your back, creep very quietly back into a group to reread the first part of the story finishing with ‘the witch tapped the broomstick and woosh they were gone”. |

Adapted from South Lanarkshire’s Early Years Connections PE Resource Pack